



Neurosis

We all suffer from some neurosis

Are you able to recognize it?

Introduction

Neurosis, also known as psychoneurosis or neurotic disorder, is a term that refers to any mental imbalance that causes distress, but, unlike a psychosis or some personality disorders, does not prevent or affect rational thought. It is particularly associated with the field of psychoanalysis.

History and use of the term

To differentiate between neurosis and neurotic: "Neurotic", or affected by neurosis, has come to describe a person with any degree of depression or anxiety, depressed feelings, lack of emotions, low self-confidence, and/or emotional instability.

The term was coined by the Scottish doctor William Cullen in 1769 to refer to "disorders of sense and motion" caused by a "general affection of the nervous system." For him, it described various nervous disorders and symptoms that could not be explained physiologically. It derives from the Greek word *neuron* (nerve) with the suffix *-osis* (diseased or abnormal condition). The term was however most influentially defined by Carl Jung and Sigmund Freud over a century later.

The American DSM-III has eliminated the category of Neurosis. This largely reflects a decline in the fashionability of psychoanalysis, and the progressive expurgation of psychoanalytical terminology from the DSM. It follows a trend to provide overt behavioral descriptions as opposed to terms referring to hidden psychological

mechanisms due to diagnostic difficulties. ^[1] Those who retain a psychoanalytical perspective, which would include a majority of psychologists in France, continue to use the term 'neurosis'. According to The American Heritage Medical Dictionary it is "no longer used in psychiatric diagnosis.

Objetivo

The following activity is aimed at intermediate and advanced students, in it you can practice reading at a glance to find keywords, in the same way, you will use detailed reading when looking for answers to specific questions. You can also increase your vocabulary

Proceso

Surely you have heard many cases of neurosis, in this web page you can learn more about this topic, such as social, interpersonal and psychological causes. The main purpose is to find specific information by solving the questions and exercises that are posed to you below.

Enter the pages indicated, then answer the questions and solve the exercises.

At the end of the exercise you will find the suggested answers section.

Resources

<http://www.continuum-concept.org/reading/neurosis.html>

<http://webspace.ship.edu/cgboer/genpsyneurosis.html>

<http://www.answers.com/topic/neurosis?cat=health>

https://www.medicalnewstoday.com/articles/246608#neuroticism_or_psychosis

Excercise 1

1. What is neurosis and how many types are there?
2. How is a neurosis diagnosed?
3. What is the treatment for neuroses?
4. Does the article explain why the neurosis has an influence on the social development of the subject?
5. What consequences can a neurosis patient have if he is not treated promptly?

Exercise 2

Prepare a summary where the bio-social theory of neurosis is explained

Resource:

<http://webspace.ship.edu/cgboer/genpsyneurosis.html>